

POSITION PAPER

Committee- WHO

Allotment- Republic of Korea

Agenda- Improving resources and coordination in addressing mental health.

School- Bal bhavan public school, Mayur vihar ph-2

Delegate name- Aita Dixit

1) INTRODUCTION

The Republic of Korea, known for its economic success and technological advancements, faces a significant challenge in the form of a growing mental health crisis. The importance of mental health cannot be overstated, as it affects families and society as a whole. This position paper aims to shed light on the critical issue of mental health in the Republic of Korea, discuss the current challenges, and propose potential strategies for addressing this crisis.

The Republic of Korea faces a significant burden of mental health disorders, including depression, anxiety. According to the World Health Organization, approximately one in three Koreans will experience a mental health disorder during their lifetime.

2) STIGMA

Negative attitudes and societal stigma surrounding mental health prevail in the Republic of Korea. This stigma prevents individuals from seeking help and receiving adequate support. Schools conduct campaigns and seminars to reduce mental illness.

3) CONTRIBUTING TO MENTAL HEALTH CRISIS

The Republic of Korea should develop a comprehensive national mental health policy that prioritizes mental health promotion, prevention, and treatment. This policy should include increased funding for mental health services. Government must invest in expanding its mental health workforce by training and recruiting more psychiatrists, psychologists, and other mental health professionals.

4) CONCLUSION

The mental health crisis in the Republic of Korea requires urgent attention. By prioritizing mental health promotion, prevention, and treatment, the government can mitigate the burden of mental health disorders and reduce the alarming rates of suicide. The proposed strategies, including the development of a national mental health policy, promoting mental health education, strengthening mental health services, and implementing suicide prevention measures, will pave the way for a healthier and happier society in the Republic of Korea.