

## Controlling addiction and overdose of drug usage

### Physical and mental health issue

BY – Akal Sharan Kaur

#### AGENDA- Emphasizing Control Over Drug Usage In Medicines

It is essential to emphasize control over drug usage and create a safe place around the globe. Drug usage has effected Industry , Education , Family and can also have social effects.

There are several thoughts on controlling addiction and overdose of drug usage . It's a global issue and it is a need to highlight this global issue with special emphasis on teenagers and educating the youth . Spain stated that 'Educating is the best solution'. Atlanta states that 'videogames such as GTA has mainly influenced the teenagers to try drugs and afterwards it's an addiction to them' . It is also the pop culture which mainly drags the youth towards the usage of drug. On the other hand France that it is a social pressure .

What can be done to control this addiction ? Japan states that a ' physcho social therapy might help' and ' participation in youth organisations' . Greece states that 'implementing provisional programs in school and college'. Well it can make a difference ?

Implimenting a framework in schools and colleges can actually make a big difference . Also it is critical condition over the globe and needs Global cooperation . Kuwait adds up 'School curriculum creating awareness is working towards stress management workshop'.

Decrease in demand and supply of the drugs used in the medicines can really help.

Also , memory challenges can work when accurate information is provided .

What has Australia done for the cause ? Australia has implemented the National Drug Strategy .It is the national drug regulation organization which maintains drug policy of Australian Government .It has begin its framework in 1998 and has regularly formulated Australian approach to drug education , treatment , rehabilitation and prevention of substance abuse. It is directed by the Ministerial Drug and Alcohol Forum (MDAF) . Well, Russia has learned from experiences and Ghana is investing in programs .

German drug policy is also an effective measure stated by Germany serving towards the cause . It is one of the most lenient among EU countries. In 1994, the federal constitutional court ruled and that drug addiction and the possession of small quantities of narcotics for personal use were declared crimes after the implementation of laws . It is great to know that Bangladesh is also encouraging the comprehensive programmes.

On the other hand , Finland introduced ' De Criminalization of the drugs'.

What is 'De Criminalization of Drugs' ? De Criminalization is an action or process of ceasing something as illegal . In the case of Drug Addiction , the Government has declared drugs as an criminal offense .

To put the matter in a nutshell , 'Prevention , Treatment , Education' is the best way of controlling Drug Usage in Medicines'.

